



February 3, 2021

Dear Lemont Park District Community,

We hope this email finds you well. We are pleased to announce that Lemont's Region (10) has advanced back to Phase 4 – Revitalization – of the “Restore Illinois” plan as of February 2, 2021. This means that our region is no longer under any other Tier of the Resurgence Mitigations that were put in place under Phase 4 this past Fall. Details of this plan can be found on the Illinois Department of Public Health (IDPH) website at [www.dph.illinois.gov](http://www.dph.illinois.gov). Please note, there have been various changes within [Phase 4](#) from when the Restore Illinois Plan was first published. Here is some information regarding how Phase 4 guidelines will affect Lemont Park District operations beginning tomorrow, February 4<sup>th</sup>:

- **Be the Sunshine Behind the Mask!** – Face coverings continue to be required throughout all park district facilities and during all non-cardio programming. Although masks continue to be highly recommended during cardio activity, they are no longer required while actively participating in cardio exercise and maintaining social distancing. Cardio exercise includes the following: the active use of cardio fitness equipment in The CORE fitness center; running on the indoor track; playing pickleball, basketball or volleyball; and participating in group exercise classes. Social distancing **MUST** be maintained during all cardio activity. **Face coverings must be worn during all other indoor park district programming, in all common areas and immediately after participating in any cardio activity.** If you are unable to wear a face covering due to a current health diagnosis, please contact our Risk Manager, Christine Aguirre at [caguirre@lemontparks.org](mailto:caguirre@lemontparks.org), prior to visiting the Lemont Park District.
- **The CORE** – Our team continues to work diligently in implementing all state and federal safety guidelines to ensure the safest environment possible for staff, members and guests. Social distancing and wearing face coverings continue to be required throughout all District facilities and during all activities with the exception of cardio exercise. Masks remain highly encouraged but are not required while actively participating in cardio exercise. **Face coverings MUST be worn immediately after participating in cardio activity.** For instance, immediately after a member stops running on the treadmill, is done playing pickleball or finishes a group exercise cardio class, a mask must be worn over their mouth and nose.
- **Special Events** – As large events of crowds over 50 people will not be permitted until Phase 5, the Lemont Park District continues to plan special events and programming that are adaptable to Phase 4. Be on the lookout for the Spring edition of the Memory Maker coming soon to you digitally!
- **Sports!** – [Click here to view the current/updated Phase 4 sports programming guidelines](#). Staff is working through the various revisions in this section and updated sports offerings will be forthcoming.

The Lemont Park District's “Be Safe Together” approach will continue to assist in keeping everyone as safe as possible as our agency expands offerings where possible when state and federal guidelines permit. Thanks as always for your continued support and adherence to all safety guidelines.

Sincerely,

The Lemont Park District Staff

[www.LemontParkDistrict.org](http://www.LemontParkDistrict.org)