



January 19, 2021

Dear CORE Members,

As of Monday, January 18, 2021, Region 10 (Lemont's Region) entered into Tier 2, Phase 4 Resurgence Mitigations as outlined by the Governor and the Illinois Department of Public Health. Here is a summary of how this tier of mitigations will highly affect CORE Operations:

- **The Fitness Center remains open for MEMBERS ONLY** with limited capacity at 25%. Due to limit capacity guidelines, **Members will still make reservations to visit the Fitness Center.** All members must adhere to the following when using the Fitness Center:
  - *Face coverings must be worn at ALL times over both nose and mouth!*
  - *Please maintain 6 ft. from all other members and be mindful of your proximity to others at all times.*
  - *Please wipe down equipment after your workout is complete.*
- **The CORE Indoor Pool will now be available for Aqua Aerobics and other programming, beginning on Monday, January 25<sup>th</sup>.** Lap Swim is still available during scheduled lap swim hours, there will be a designated number of lanes reservable. If program scheduling permits, a lane(s) may be available for walk-in members on a first come, first served basis. For LAP SWIM schedule and Registration Click Here. Registration opens the Sunday before each week's schedule.
- **Group X Classes are back for CORE-Fit members only beginning on Thursday, January 21<sup>st</sup>!** Silver Sneakers Classes will begin on Monday, January 25<sup>th</sup>. Classes will be by registration only and are limited to 10 participants or 25% room capacity – whichever is less. **For Schedule and Registration Information, please Click Here.** Registration opens the Sunday before each week's class. **For this week's classes, registration will open at 5 p.m. today, Jan. 19<sup>th</sup>.** Online registration is preferred. Face coverings must be worn at all times during all classes except Aqua Fitness classes. Please note, Group Fitness Instructors are permitted to wear face shields while instructing classes and must keep a safe distance away from all participants.
- **The Indoor Track is Open.** The track may be used at limited capacities by Lemont residents or Non-Residents that have paid the annual fee.
- **Pickleball will be available in The CORE gymnasium!** Visit [www.LemontParkDistrict.org](http://www.LemontParkDistrict.org) for schedule information.
- **CORE Member's Only Shootaround Return** allowing CORE and CORE-Fit members to shoot hoops in the gymnasium on a first come, first served basis during specified hours. MASKS ARE REQUIRED TO BE WORN AT ALL TIMES. All Members must check-in at the service desk and receive a wristband prior to entering the gym. No more than two members are allowed to use one basket. Competitive play and any physical contact between participants is strictly prohibited. Members are also required to BRING YOUR OWN BASKETBALL. Members between the ages of 11 – 13 must be accompanied by a parent whom is also a Member.
  - CORE Member's Only Shootaround Hours (beginning Jan. 21)  
Monday - Friday 5 am - 3 pm ~ Saturday 2 - 5 pm ~ Sunday 8 -10 am



**Here are some other friendly operational Reminders:**

- **Restrooms** are available and are disinfected per state guidelines. However, **Locker Rooms** are only available for members using the indoor pool. Showers are unavailable.
- Open Gym and Childcare will remain unavailable at this time.
- The CORE is currently accepting new members.
- **By entering The CORE facility and/or participating in programs, participants are agreeing that they are free of COVID-19 symptoms.**
- **CORE Hours of Operations are as follows:**
  - Monday-Friday            5 a.m. – 8 p.m.
  - Saturday and Sunday    7 a.m. – 5 p.m.

***HOURS OF OPERATIONS ARE SUBJECT TO CHANGE***
- **FACE COVERINGS ARE REQUIRED AT ALL TIMES IN ALL AREAS except while in the indoor pool! This includes while actively exercising in the Fitness Center, during Group X Classes and using the Indoor Track.**

We cannot ***THANK YOU*** enough for your continued support and patience as we serve you during these unprecedented times. If you need assistance or have any questions, please do not hesitate to contact a Customer Service Representative during regular business hours at 630-257-6787 or by email at [information@lemontparks.org](mailto:information@lemontparks.org).

We truly appreciate you. Be well and stay safe!

Sincerely,

The Lemont Park District Staff