



Phase 4 - CORE Frequently Asked Questions – Updated October 8, 2020

1. What are The CORE Hours of Operation?

CORE Hours of Operations are as follows:

Monday-Friday	5 a.m. – 9 p.m.
Saturday	7 a.m. – 6 p.m.
Sunday	7 a.m. – 5 p.m.

2. Who can use The CORE at this time?

CORE and CORE-Fit Members may use the fitness center as well as residents whom pay the daily fee. The CORE is currently accepting new members and those who pay the daily entrance fee are welcome to use The CORE.

3. What has the Lemont Park District done to ensure a safe environment?

Safety is our number one priority! District staff continues to work diligently cleaning and sanitizing regularly with additional electrostatic and deep cleaning done on a scheduled basis. Shield panels have been installed at all Service Desk areas and “hands free” Step-and-Pull door opening mechanisms were installed on various doors in the facilities. Fitness equipment is on a rotation and as always, hand sanitizers will also be available throughout the facilities. Machines and equipment may only be cleaned with products provided by the Lemont Park District.

4. Are face coverings required in The CORE at all times?

Wearing face coverings are required to enter the facility and in all common areas. If you are in the fitness center and/or participating in a class, and you are practicing social distancing of at least six feet, a face covering is not required. However, face coverings are strongly encouraged when not using cardio equipment or when moving around the fitness center. You must wear a face covering when exiting the fitness center and facility.

5. What are the capacity limits in the Fitness Center and Indoor Track?

Only 55 people will be allowed in the fitness center at one time and it will be done on a first come, first serve basis. 36 people will be allowed on the indoor track at one time. Please limit workouts to one hour or less. If you exit the fitness center for any reason, you must get back in line to re-enter.

6. Will temperatures be checked?

By entering the facility and/or participating in programs, participants are agreeing that they are free of COVID-19 symptoms. No temperature checks will be conducted.



7. Are Group X Classes being offered?

Group X Classes are offered indoors and outdoors by registration only. Group X Fitness class registration begins at midnight on Sunday before classes begin. Aqua Fitness class registration begins at 7 a.m. on Sunday before classes begin. Schedule and Registration Information can be found at www.LemontParkDistrict.org.

8. Are Locker Rooms open?

Restrooms and Locker Rooms will be available and will be disinfected every two hours per state guidelines.

9. Is there towel service?

At this time, towel service is suspended. Visitors may bring their own towel but it must be kept with them at all times.

10. Is the Indoor Pool Open?

Lap Swim, Aqua Aerobics and Masters Swim are available at The CORE. The CORE indoor pool is also open for minimal programming such as private swim lessons.

11. Will Open Gym and Childcare be available?

Open Gym and Childcare will remain unavailable at this time.

12. Can CORE Members shoot around in the gymnasium?

We will begin offering Members Only Shootarounds in the gymnasium on a first come, first serve basis during specified hours beginning Monday, October 12th. All participants must be a CORE or CORE-Fit Member, check-in at Service Desk and receive a wristband prior to entering the gym. No more than two members are allowed to use one basket. Competitive play and any physical contact between participants is strictly prohibited. Members are required to BRING YOUR OWN BASKETBALL. Members between 11-3 years of age must be accompanied by a parent whom is also a CORE Member. Hours for CORE Member Shootarounds: Monday-Friday 5 a.m.-3 p.m.; Saturday 3-6 p.m.; Sunday 8-11 a.m. The Members Only Shootarounds are for CORE and CORE-Fit Members Only. Open Gym and Swim Pass Holders as well as those paying a daily fee are not permitted to participate in the Shootaround program.

13. Are CORE Members being billed for CORE Memberships?

Automatic billing resumed on August 1st for CORE and CORE-Fit Members. Billing for Childcare and Open Gym/Swim Passes will continue to not be processed until further notice.



14. Are locks available to borrow?

At this time, all guests must bring their own locks. PLEASE REMEMBER, personal belongings, bags, purses, etc., are not allowed in the fitness center.

15. Is Pickleball now offered inside The CORE?

Pickleball is available in The CORE gymnasium. Please visit www.LemontParkDistrict.org for complete schedule.