



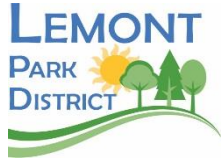
Centennial Outdoor Pool Schedule September 13th-19th

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00 AM	CLOSED	MASTERS	Lap Swim	MASTERS	Lap Swim	MASTERS	CLOSED
7:00 AM	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
8:00 AM	Lap Swim	Aqua Fitness	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Aqua Fitness
9:00 AM	Lap Swim	Aqua Fitness	Aqua Fitness	Aqua Fitness	Aqua Fitness	Aqua Fitness	Lap Swim
10:00 AM	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
11:00 AM	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
12:00 PM	A Day at the Pool	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	A Day at the Pool
1:00 PM		CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	
2:00 PM		CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	
3:00 PM		LHS	Lap Swim	LHS	LHS	LHS	
4:00 PM	CLOSED	LHS	Lap Swim	LHS	LHS	LHS	CLOSED
5:00 PM		Rental 5-8	Rental 5-7	Rental 5-8	Rental 5-7	Lap Swim	
6:00 PM			MASTERS		Fun Friday		
7:00 PM							
<i>Updated September 10, 2020</i>							

Lap Swim will be available on a first come, first serve basis and swimmers will no longer need to reserve a lane ahead of time! One swimmer will be permitted per lane and temperature checks will continue to be required. Two family members and/or friends may share a lane if they choose. Lap swim is available for one hour a day per person.

Pool may close due to inclement weather. In the event of pool closure, pool status will be updated every 30 minutes. Pool will remain closed until conditions are satisfactory and safe.

Questions or Concerns? Please contact Christine Aguirre, Aquatic and Risk Manager, at 630.257.6787 x3002 or at caguirre@lemontparks.org



**A Day at the Pool, Lap Swim, Aqua Aerobics and Master Swim
Registration, Fee and Description Information
Centennial Outdoor Aquatic Center
16028 127th Street - ph. 630-257-6787**

Lap Swimming: Lap swim is a time designated for constant lap swimming and/or moving through the water in an exercise manner. Lap swim is open to patrons 10 yrs. old and up. At this time, shared equipment will not be available i.e. kick boards, pull buoys, etc. You may bring your own equipment. There will also be a limited amount of deck chairs available.

Lap Swimming Registration: Lap Swim will be available on a first come, first serve basis and swimmers will no longer need to reserve a lane ahead of time! One swimmer will be permitted per lane and temperature checks will continue to be required. Two family members and/or friends may share a lane if they choose. Lap swim is available for one hour a day per person.

Lap Swimming Prices: FREE! For CORE or CORE-Fit Members
\$5 per Lap Swim Time Slot (Residents Only)
\$30 for a Pre-purchased 10-Pack Punch Pass (Residents Only)

Masters Swimming: Big Fins Masters Swim Team and Training Program is a fee-based program offering adults aquatic training and competitive opportunities. During this timeframe, Masters Team Participants will have FREE access to the pool for the month of June 2020 for organized use and trainings.

Master Swimming Registration: Registration is not required for current participants of the Big Fins Masters Swim Program. Participation is on a first come, first serve basis during designated times on the June Schedule. Please sign in at the Centennial Outdoor Aquatic Center Admissions Office.

Masters Swimming Pricing: Masters Sessions are FREE for Masters Members for the month of June! Punch Pass Members may also participate using their punch passes.

Aqua Fitness: This aqua class is a mixture of deep and shallow aqua fitness and includes a mix of cardio, strength, toning and stretching in the aquatic environment! The unique physical properties of water provide support, resistance and assistance to help you achieve your training and conditioning goals. In addition, exercising in deep water is very therapeutic and reduces weight bearing stress by 90 percent. The positive effects of water training go beyond joint off-loading and cardiovascular fitness!

Aqua Fitness Registration: ONLINE PRE-REGISTRATION IS REQUIRED for this class at www.LemontParkDistrict.org and is only available to CORE-Fit Members and participants with a current Fitness Class Punch Card

Aqua Fitness Prices: FREE! For CORE and CORE-Fit Members. Punch Passes RESIDENTS ONLY at 12 Classes for \$74.

A Day at the Pool: Is a recreational opportunity for **residents and their guests** to use the Activity and Lap Pools. At this time the slide and diving board are not going to be open. Guests are encouraged to bring their own chairs and snacks as the concession stand will not be open and deck chairs will not be available. Each household may bring up to 10 family members and guests. Private rentals are available. For more information please see the website.

A Day at the Pool Registration: ONLINE PRE-REGISTRATION IS REQUIRED for this program at www.LemontParkDistrict.org and is only available to Lemont Residents and their guests.

A Day at the Pool Price: \$7 per person Residents/\$10 per person Non-Residents, children 2 and under are free of charge