



CORE Indoor Pool Schedule September 20th-26th

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00 AM	CLOSED	MASTERS	Lap Swim	MASTERS	Lap Swim	MASTERS	CLOSED
7:00 AM	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
8:00 AM	Lap Swim	Aqua Fitness (4 lanes)/ Lap swim (2 lanes)	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Aqua Fitness (4 lanes)/ Lap swim (2 lanes)
9:00 AM	Lap Swim	Aqua Fitness (4 lanes)/ Lap swim (2 lanes)	Aqua Fitness (4 lanes)/ Lap swim (2 lanes)	Aqua Fitness (4 lanes)/ Lap swim (2 lanes)	Aqua Fitness (4 lanes)/ Lap swim (2 lanes)	Aqua Fitness (4 lanes)/ Lap swim (2 lanes)	Lap Swim
10:00 AM	Lap Swim	Lap Swim	Lap Swim	Aqua Fitness (4 lanes)/ Lap swim (2 lanes)	Lap Swim	Aqua Fitness (4 lanes)/ Lap swim (2 lanes)	Lap Swim
11:00 AM	Lap Swim	Senior Swim	Senior Swim	Lap Swim	Senior Swim	Lap Swim	Lap Swim
12:00 PM	Lap Swim	Lap Swim	Lap Swim	Senior Swim	Lap Swim	Senior Swim	Lap Swim
1:00 PM	SEASPAR (4 lanes) Lap/ Open Swim (2 lanes)	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	SEASPAR (2 lanes) Lap/ Open Swim (4 lanes)
2:00 PM	SEASPAR (4 lanes) Lap/ Open Swim (2 lanes)	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	SEASPAR (2 lanes) Lap/ Open Swim (4 lanes)
3:00 PM	Lap/ Open Swim	Lap Swim	LHS SWIM MEETS	Lap Swim	Lap Swim	Lap Swim	Lap/ Open Swim
4:00 PM	Lap/ Open Swim	SEASPAR (1 lane) SL/ ST (5 lanes)		Swim Team/Swim Lessons	Swim Team/Swim Lessons	Swim Team/Swim Lessons	Lap/ Open Swim
5:00 PM	Lap/ Open Swim	SEASPAR (1 lane) SL/ ST (5 lanes)					Lap/ Open Swim
6:00 PM	CLOSED	Swim Team/Swim Lessons (6 lanes)	Swim Team/Swim Lessons	Swim Team/Swim Lessons	Swim Team/Swim Lessons	Swim Team/Swim Lessons	CLOSED
7:00 PM							

Updated September 16, 2020

Lap Swim will be available on a first come, first serve basis and swimmers will no longer need to reserve a lane ahead of time! One swimmer will be permitted per lane and temperature checks will continue to be required. Two family members and/or friends may share a lane if they choose. Lap swim is available for one hour a day per person.

**Pool may close due to inclement weather. In the event of pool closure, pool status will be updated every 30 minutes.
Pool will remain closed until conditions are satisfactory and safe.**

Questions or Concerns? Please contact Christine Aguirre, Aquatic and Risk Manager, at 630.257.6787 x3002 or at caguirre@lemontparks.org



Swim Lesson, Swim Team and Day Camp Registration Information

Lap Swimming: Lap swim is a time designated for constant lap swimming and/or moving through the water in an exercise manner. Lap swim is open to patrons 10 yrs. old and up. At this time, shared equipment will not be available i.e. kick boards, pull buoys, etc. You may bring your own equipment. There will also be a limited amount of deck chairs available.

Lap Swimming Registration: Lap Swim will be available on a first come, first serve basis and swimmers will no longer need to reserve a lane ahead of time! Two family members and/or friends may share a lane if they choose. Lap swim is available for one hour a day per person.

Lap Swimming Prices:
FREE! For CORE or CORE-Fit Members
\$5 per Lap Swim Time Slot (Residents Only)
\$30 for a Pre-purchased 10-Pack Punch Pass (Residents Only)

Private Swim Lessons: Private swim lessons are based on participant and instructor availability. Semi-private lessons are limited to 2 participants per instructor. The Lemont Park District does not pair semi-private swim lessons partners up. The lesson be submitted as a pair. No shows or cancellations received less than 24hours before scheduled on appointment will be charged to the client. There are no refunds on private lessons and they must be scheduled within 6 months of the purchase date. The participant is expected to be punctual and understand the instructors may have lesson immediately preceding or following their swim lesson. The instructor is not obligated to stay after the allotted time scheduled for your lesson. You must purchase your private lesson at the time of filling out your request form or your form may not be processed. Age 7 and up

Private Swim Lessons Registration: Registration is completed through the Private Lesson Request Form and by purchasing a private swim lesson package at the CORE Service Desk.

Private Swim Lessons Prices: Please see the Private Swim Lesson Request Form for pricing information.

Dolphins Swim Team: Dolphins Swim Team is a USA Swimming Youth Age Group Swim Team. At this time we are hosting Pod Practices for current and returning Dolphins Swim Team Members. In August we will open the Pod Practices up for additional participants. All NEW swim team participants must complete a practice group placement prior to registering for swim team activities.

Dolphins Swim Team Registration: Pod Practice registration can be completed on-line at www.lemontparkdistrict.org or at the CORE or CCC Service Desks.

Dolphins Swim Team Prices: Please see the website www.lemontdolphins.com for pricing and more swim team information.

Senior Swim: Senior Swim is dedicated time for our seniors to exercise at their own leisure beyond an Aqua Aerobics Class.