



Phase 4 - CORE Frequently Asked Questions – Updated August 20, 2020

1. What are The CORE Hours of Operation?

CORE Hours of Operations are as follows:

Monday-Friday **5 a.m. – 8 p.m.**

Saturday and Sunday **7 a.m. – 6 p.m.**

2. Who can use The CORE at this time?

CORE and CORE-Fit Members may use the fitness center as well as residents whom pay the daily fee. The CORE is currently accepting new members and non-residents whom pay the daily entrance fee are welcome to use The CORE.

3. What has the Lemont Park District done to ensure a safe environment?

District staff has worked diligently on updating all cleaning and safety precautions in preparation of reopening. This includes an electrostatic sanitation by a third party specialist of all facilities, shield panels installed at all Service Desk areas and “hands free” Step-and-Pull door opening mechanisms installed various doors. As always, hand sanitizers will also be available throughout the facilities. Research is being done on various other cleaning, sanitation and safety updated best practices as we prepare to reopen. Machines and equipment may only be cleaned with products provided by the Lemont Park District.

4. Are face coverings required in The CORE at all times?

Wearing face coverings are required to enter the facility and in all common areas. If you are in the fitness center and/or participating in a class, and you are practicing social distancing of at least six feet, a face covering is not required. However, face coverings are strongly encouraged when not using cardio equipment or when moving around the fitness center.

5. What are the capacity limits in the Fitness Center and Indoor Track?

Only 55 people will be allowed in the fitness center at one time and it will be done on a first come, first serve basis. 36 people will be allowed on the indoor track at one time. Please limit workouts to one hour or less. If you exit the fitness center for any reason, you must get back in line to re-enter.

6. Will temperatures be checked?

By entering the facility and/or participating in programs, participants are agreeing that they are free of COVID-19 symptoms.



7. Are Group X Classes being offered?

Group X Classes are offered indoors and outdoors by registration only. Schedule and Registration Information can be found at www.LemontParkDistrict.org. If going to a Spin class, please change shoes in the Spin area of the gymnasium. DO NOT wear spin shoes on the Gymnasium floor.

8. Are Locker Rooms open?

Restrooms and Locker Rooms will be available and will be disinfected every two hours per state guidelines.

9. Is there be towel service still?

At this time, towel service is suspended. Visitors may bring their own towel but it must be kept with them at all times.

10. Is the Indoor Pool Open?

Lap Swim, Aqua Aerobics and Masters Swim will continue to be available at Centennial Outdoor Aquatic Center. The CORE indoor pool is open for minimal programming, private swim lessons and lap swim.

11. Will Open Gym or Childcare be available?

Open Gym and Childcare will remain unavailable at this time.

12. Are CORE Members being billed for CORE Memberships?

Automatic billing resumed on August 1st for CORE and CORE-Fit Members. Since The CORE reopened in July, the first two weeks were complimentary to all members. The last two weeks of July, were subsidized by member payments for the last two weeks of March (since The CORE closed due to COVID-19 beginning March 16 and March billing was already processed). Additionally, all Annual CORE Members have received an additional free month tacked onto their prepaid memberships for every month The CORE was closed. Billing for Childcare and Open Gym/Swim Passes will continue to not be processed until further notice.

13. Are locks available to borrow?

At this time, all guests must bring their own locks. PLEASE REMEMBER, personal belongings, bags, purses, etc., are not allowed in the fitness center.

14. Is Pickleball now offered inside The CORE?

Pickleball is available in The CORE gymnasium during evening hours Monday – Friday. Please visit www.LemontParkDistrict.org for complete schedule.