

Aquatics | Swim Team & Classes

Stroke Clinic (Ages 9 - 14)

CORE Pool Mn5/Mx20

Need an idea of what swim team is like? On swim team already and want some extra stroke technique? These lessons are perfect! Geared for swim students who have passed level six swim lesson and would like to

prepare for a swim team or perfect their technique and become a better dolphin!

Fee: \$53 Resident Discount Rate: \$35

CLASS#	DATE	DAY	TIME
408404A	6/12-7/31	Sa	10:30 am - 11:15 am
408404B	6/12-7/31	Sa	11:30 am - 12:15 pm



Dolphins Swim Team (Ages 7-18)

Centennial Pool

Mn50/Mx200

The Dolphins are back and now practicing at a later time! We compete with other swim teams in the West Suburban Swim Conference. Please be clear this is a SWIM TEAM, not swim lessons and practices will be run to improve technique, not to teach strokes. Participants should be comfortable in deep water and have the ability to swim continuous laps without stopping. If a coach feels a child is not ready for the swim team, parents will be asked to sign their child up for swim lessons for the safety of the child. Both A and B swim levels will be

determined the first week of practice but can change throughout the season. EVERYONE will be given the opportunity to swim in meets.

Fee: \$115

CLASS#	DATE	DAY	TIME
408801	6/7 - 7/24	M-F (practice)	9 - 11 am
		T/Th/Sa (meets)	am & pm

Note: A volunteer fee of \$80 per family will automatically be included in your registration fee. Families who volunteer at three meets in the season will have the fee refunded.

Mandatory Parent Meeting: will be held during the last week of May.

Meet Schedule

"A" Team Schedule

- Tuesday, June 15th, Lemont at Western Springs
- Saturday, June 19th, Wheaton at Lemont
- Tuesday, June 22nd, Hinsdale at Lemont
- Tuesday, June 29th, Clarendon Hills at Lemont
- Tuesday, July 6th, Lemont at Downers Grove
- Tuesday, July 13th, Lemont at Lisle
- Tuesday, July 20th, Lemont at Glen Ellyn
- A CONFERENCE Saturday July 24th at Glen Ellyn

"B" Team Schedule

- Saturday, June 12th, Western Springs at Lemont
- Thursday, June 17th, Lemont at Wheaton
- Saturday, June 26th, Lemont at Hinsdale
- Thursday, June 24th, Clarendon Hills at Lemont
- Thursday, July 8th, Downers Grove at Lemont
- Saturday, July 10th, Lisle at Lemont
- Thursday, July 15th, Glen Ellyn at Lemont
- B CONFERENCE Saturday July 17th at Western Springs



Enjoy the next event you're celebrating at either of our two pools! Swim no matter what the weather at the indoor pool or enjoy the sunshine at the outdoor pool. Pool rental rooms are available at the Core in one hour increments. Both pools are available for private parties or parties during our public swim hours. Please visit our website at www.lemontparkdistrict.org or contact Heather Peterson for more information at heather-peterson@lemontparkdistrict.org